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It consists of arrangements of two spirituals from the Sea Islands of South Carolina and Georgia. The culture and music of these islands is unique in American history. Because they were relatively isolated from the mainland until well into the 20th century, their language (a Creole dialect known as *Gullah*) and traditions remained intact for several generations longer than those of parallel mainland cultures.

The two spirituals used in this arrangement, Ask the Watchman How Long and Yonduh Come Day are contextually related. Both songs were sung on the eves of Christmas and the New Year during Watch Night Meetings, which would begin at midnight and end after dawn. The songs were performed in a call and response style, at first slow and somber, then evolve gradually into ecstatic utterances accompanied by complex clapping rhythms. With the heightening of the music's intensity, individual singers (even the elderly and infirmed) would stand spontaneously and begin to dance. This is a practice strongly rooted in African tradition, and is notably similar to the custom of the Santeria, an Yoruban-based religion still practiced in Cuba. This arrangement is a musical snapshot, really, an attempt to capture a memory of an amazing culture which has almost vanished as a result of real estate development on the islands.

We should note that the appearance of West African percussion with this music is not part of the *Gullah* tradition. Slave owners in colonial America forbade drumming and that tradition disappeared, at least on the surface. West African drumming rhythms were preserved nearly intact, however, in the clapping patterns that permeate *Gullah* song. Our arrangement incorporates djembe and ankle bells, instruments that were (and are) part and parcel of the musical traditions on the coast of West Africa, the ancestral home of the *Gullah* culture.

The ankle bell part should be performed on ankle bells from Africa, not factory-manufactured bells found in American music stores. The sound is quite different. Traditional ankle bells are cast by hand and attached to ropes. They are tied around the ankle of the djembe player, and played by lifting the foot and stomping the heel on the floor. Ankle bells are inexpensive (generally less than \$20) and can be obtained from the Different Strummer Music Store at the Old Town School of Folk Music in Chicago (773.751.3398) or from African Rhythm Traders (www.africanrhythmtraders.com).

Paul Caldwell & Sean Ivory

**Sean Ivory** and **Paul Caldwell** began arranging music together spontaneously in the early 1990s when they were both working with a community-based youth choir in Grand Rapids, Michigan. Their musical partnership was further cultivated from 1993-1997 during summers spent together at the American Boychoir School in Princeton, New Jersey. In 1998, Paul became the founding Artistic Director of the North American Choral Company and named Sean his Associate Conductor. They shared directorship of the company's touring choirs until Paul moved to Chicago in 2001.

Today, Sean is the Principal Conductor of the North American Choral Company. He is also the choral director at Forest Hills Central High School and has been been on the conducting faculty of Calvin College. He lives in Grand Rapids with his wife, Leah, and their children, Emma, Samuel John, and Meredith. Paul is Artistic Director of the Jubilate Children's Choir on Chicago's North Shore. He is an avid student of African drumming, and still spends summers in Princeton where he is Music Director for Albemarle, the acclaimed summer program of the American Boychoir.